



Rural Training Center-Thailand (RTC-TH)

Thailand Volunteer Trip Winter 2007

An educational non-profit organization

c/o U. Suttisan, 84 Moo 2 Ban Na Fa, Jompra, Thawangpha City, Nan Province, Thailand 55410

www.neighborhoodlink.com/org/rtcth

<mailto:rtc2k5@gmail.com>

Community-based Education for the Self-Sufficiency and Sustainability for Small Rural Family Farms

INTRODUCTION

Thank you for your interest in our project. The Rural Training Center-Thailand ([RTC-TH](#)) is in its infancy, and grew out of Earth Systems Science, Inc. ([ESSI](#)). The RTC-TH is wholly independent from ESSI. You can learn more about the Rural Environmental Education Enhancement Pilot Project by visiting the PDF section of the [RTC-TH](#) website.

1.0 TRAVELING WITH THE RTC-TH AND ESSI: This is NOT a commercial tour. Neither the [RTC-TH](#) (Rural Training Center-Thailand) nor [ESSI](#) (Earth Systems Science, Inc.) is a licensed travel agent and does not profit from the organization or conduct of this trip. The winter 2007 Thailand volunteer trip is a collaboration of the RTC-TH and ESSI. Together they facilitate the contacts for the volunteers and between volunteers.

- [ESSI](#) is responsible for volunteer organization (enrollment and administrative functions) activities in the US; E-mail: earthsystemscience1@gmail.com; phone (323) 343-9266.
- The [RTC-TH](#) handles the project coordination and activities in Thailand; E-mail: rtc2k5@gmail.com.

The Thailand volunteer trip is a purely “people-to-people” effort involving individuals (from the US and in Thailand) who desire to experience a cultural exchange based on a mutual effort in environmental education and stewardship. The travelers in this program are volunteers. They are traveling with friends and others persons sharing a common interest. Each person is responsible for their own travel documents---passports and visas--- insurance, and related matters as though they were traveling on a personal vacation.

Trans-Pacific flights usually allow 2 checked pieces and 1 carry-on. Project volunteers are requested to take one checked bag to Thailand for the project. This helps to greatly reduce costs for shipping project equipment and materials to Thailand. All equipment and materials conform to Thai government customs regulations and do not create problems for entry to Thailand. For the return trip, volunteers have full use of the 2 checked pieces to bring back their load of “treasures” from shopping in Thailand. Once in Thailand, RTC-TH staff will handle the bags brought for the project and you only need to carry your carry-on bag and 1 checked bag for the rest of the trip. **[Note:** For the return trip, you are allowed 2 checked bags. If you want to provide a bag for project staff to pack, that bag can be returned to you for use on your return trip. Or you can find a bargain bag to buy in Thailand.]



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1.1 Geography for Environmental Stewardship & Sustainability: The volunteers are exposed to the Geographic Systems Model and the community-based education methods directed to empowering people and families to create and maintain sustainable neighborhoods. Geographic analyses of local environmental conditions provides the insights to adapt sustainable practices to any project area or site. Environmental stewardship is a key practice to implement sustainability. At the core of the training are minimal impact methods, non-toxic pest control, composting, and protecting and nurturing native pollinators (among other topics).

1.2 Cross-Cultural Exposure and Self-enlightenment: Both the RTC-TH and ESSI are firmly committed to cultural diversity and enhancing cross-cultural understanding through direct “people-to-people” contact. This international project is a means of implementing this principle. The volunteers are taught introspective methods for individual reflection and introspection to internalize the international project experience. A self-survey is conducted before, during, and after the trip. Learning logs and teach backs are used to self-assess the learning experience. Volunteers rotate journal-writing duties for throughout the trip. At the end of the trip, all journal pages are compiled, duplicated, and distributed to all volunteers. The collective impressions form a unique keepsake of the trip to supplement your own notes and photos. The varied points of view during the trip provide another cross-cultural perspective from your fellow volunteers.

2.0 THE WINTER 2007 VOLUNTEER TRIP is slowly taking shape. The general plan is for an 18-21 day trip (Jan 3-21 or longer). We have been having trouble getting travel vendors to commit to firm prices this far ahead for this trip. Many and varied factors are at play. The Thai government has been making many changes that have impacted the economy (e.g. increasing government employee salaries, first subsidizing gasoline price increase to offset the impact on the people---then letting the gasoline prices float at market rates, etc.). And, this is also combined in the currency conversion rates making some vendors nervous about what future prices might be if more currency exchange changes occur. But we are still committed to our goal to keep the basic volunteer trip in or below the \$2000 - \$2500 target.

2.1 MAIN TRIP PRICING: The trip is shaping up to be a single trip (16-days in-country) in 2 parts. The estimated price (includes roundtrip international fare, all domestic Thai transportation, hotel, all meals) subject to double occupancy, group minimum of 20 travelers. **[Note:** The trip dates and length may vary depending on the final ticketing arrangements. The estimated \$2000-\$2500 price is subject to change due to currency fluctuations and price adjustments by vendors. If the group is less than 20, a price differential may be charged to adjust for a smaller group size (if imposed by vendors). We will endeavor to negotiate the lowest prices available and pass the savings on to you. After all, this is a non-profit effort.].

2.2 OPTIONAL STAY BEHIND: Anyone wishing to remain longer in Thailand or Southeast Asia after the project can do so at their expense. The main expense is getting to Asia, so once you are there, try to take advantage of the opportunity to see more of the world on your own. Bangkok is a good jumping off point to Myanmar,



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Laos, Cambodia, Vietnam and other points in Southeast Asia. Thai travel agents can expedite visas for travelers using their services. **[Note:** All of the RTC-TH staff are volunteers and are not available to assist in independent travel after the project. They have to get back to their farms and livelihoods.] If you stay behind and ONLY remain in Thailand, be sure to leave Thailand BEFORE your visa expires. If you are traveling to other southeast Asian countries, you get a new Thai visa when you return to Thailand to catch your flight back to LA.

3.0 GENERAL TRIP DESCRIPTION: The trip consists of two parts about 1½ weeks each. The first week is the actual volunteer project in Na Fa Village, in the Jomphra Subdistrict, Thawangpha District, Nan Province (a smaller, more remote northern province). Generally, Nan's remoteness and the local attitudes and life styles help protect the forests. Unfortunately this also puts Nan in the front lines of confronting habitat loss and destruction. You can readily see why Nan provides a good setting to pursue the RTC-TH REEEPP to reinforce environmental stewardship for the future generations. Nan Province is so remote it has retained about 80% of the native forests (though this number gets smaller as people encroach on forest land for farming and illegal timbering). After the project you have an interesting opportunity to see and experience the ancient Thai capital cities of Sukhothai (1238 – 1378, annexed as a vassal state by Ayutthaya in 1438); considered to be the "Golden Age" of Thailand), Ayutthaya (1350 - 1767), and Thonburi (1769 - 1792). This itinerary gradually moves the group southward to modern Bangkok. Thus, you get to see the ancient capitals in the proper chronological and geographical sequence of Thai history.

3.1. RTC-TH / ESSI TRAVEL S.O.P. (Standard Operating Procedures):

Gregory Lee, co-founder of both ESSI and the RTC-TH has many years experience leading international trips both independently and through the Los Angeles Geographical Society and ESSI. These trips follow a prescribed format to ensure a consistently and efficiently run trip. Nothing is perfect, but try to keep the following in mind during the trip.

3.1.1 Pre-Trip Activities:

3.1.1.1 Enrollment: Complete the trip forms packet. Make a copy for your files. Send the completed forms to Earth Systems Science, Inc., PO Box 8042, Van Nuys, CA 91409-8042. **[Note:** ESSI is the primary contact for handling trip enrollments / payments in the US.]

- **Disclosure Statement:** Both the Rural Training Center-Thailand (RTC-TH) and Earth Systems Science, Inc. (ESSI) are not a licensed travel agents. Both groups are educational organizations.
- **Application / Trip Agreement / Waiver / Release:** Complete the Trip Application form. Signing the Application Form means you agree to the terms of the Trip Agreement, Waiver / Release, and Trip Announcement.
- **Educational Photo Image Release:** "A pictures a worth a thousand words." Both the RTC-TH and ESSI use project photos to tell the story of their community-based environmental education efforts. Please allow them to use



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photos of you taken during the trip. The educational use standards are respectful and discrete and will not put you in a “tabloid press” situation.

3.1.1.2 Payments

- **Initial Deposit:** We ask for a non-refundable \$200 deposit at the time of enrollment to assure ourselves of your serious intent to make the trip. The deposit counts toward your overall trip payment.
- **Balance Due:** The balance is due on Dec 3, 2007 (or earlier if required by vendors to secure the lowest prices possible). The final trip price is determined by the international airfares (the biggest trip cost item) at the time the tickets are issued and may be subject to currency exchange fluctuations, additional vendor charges, and other last minute vendor imposed adjustments all affect the final trip price (up or down). Of course, any savings would be relayed to you since this trip is non-profit educational in spirit and practice, not a commercial travel agent / tour operation.

3.1.1.3 Travel Documents

- **Passport:** Check your passport expiration date. Your passport should not expire for 90 days AFTER the trip ends. For the basic trip, that means your passport will not expire before June 20+, 2007. If you intend to stay behind, add that time to you forecasted “not to expire” passport date.

If you need to renew your passport, do it now! [**Note:** Make a photo copy of your passport ID page, and have several extra passport photos with you for emergencies. Carry these separately from your passport. In the event of a lost or stolen passport, these may help speed the replacement process—though the new homeland security practices for replacing lost / stolen passports overseas are being changed.] For further information use the web links below:

- [US Passport General Information](#)
- [US Passport; First-Time Applicant Information](#)
- [Where to Apply for a New US Passport](#)
- [US Passport Renewal Information](#)
- **U.S. Customs & Border Protection Information:**
“[Know Before You Go](#)” is the basic guide on US Customs regulations for US citizens and residents traveling abroad.
- **Visas:** You do NOT need a visa for Thailand before leaving the US. They stamp it into your passport upon arrival in Thailand (often for 30 days). If you are planning to stay behind and travel to other Southeast Asian countries, do you research on the visa requirements for those other countries. The Thai visa is good for one entry and one exit. If you stay behind and ONLY remain in Thailand, be sure to leave Thailand BEFORE the visa expires. If you are traveling to other southeast Asian countries, you get a new Thai visa when you return to catch your flight back to LA.
- **Leave Behind Documents:** You should consider leaving a travel packet with your emergency contact in the US. This packet should contain the following (as a suggested minimum):
 - Photo copy of your passport photo ID page with two passport photos.



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- Photo copy of your passport (with any other visas if planning stay behind travel).
- Photo copy of your airline ticket(s) and contact information for the issuing agent / airline.
- Copy of the trip itinerary [**Note:** Once the itinerary is finalized, we will give you a list of the hotels with relevant emergency contact information for the trip.]
- Photo copy of traveler's check receipts (you carry the originals, but carry them separately from the checks). Be sure to include instructions and contact information for reporting lost / stolen checks.
- Photo copy of prescriptions for glasses and medications. [**Note:** For medications, be sure to get overseas marketing names of the medication. Sometimes the brand / trade name used in the US is different than those used overseas.]
- Passport application form. [**Note:** Have your emergency contact / relative take 2 passport photos and put them with a completed application. Make sure they know where to go to file for an emergency passport if they don't have one. In case of an emergency, they would be ready to travel overseas to assist you.]
- List of credit cards and "Lost / Stolen Card" reporting phone numbers and reporting procedures. [**Note:** If you plan to take / use credit cards or ATM cards overseas, be sure you know the terms and conditions and service fees associated with international card use and how exchange rates are calculated.]

3.1.1.4 Personal Preparation:

- **Roommate / Single Supplement:** The trip price is based on double occupancy, so you need to get a roommate (except for the village home stay). If you and a friend enroll together, be sure you can get along with that person for the duration of the trip. If you need a roommate, contact other volunteers and see if you can make a friend for the trip. If you prefer to have a single room, we can try to accommodate you, but there will be a surcharge (we still need to determine this cost). Persons with single supplements need to be flexible as single rooms may not always be available even if you paid the supplement.
- **Medical Considerations:** You need to talk with your personal physician about your travel plans. Due to individual physiology, and the fact that we are not qualified medical practitioners, the RTC-TH and ESSI suggest visiting various websites below for pertinent travel health information BEFORE talking with your doctor.
 - [US State Dept. Travel Health Tips](#)
 - [W.H.O. Thailand Health Information](#)
 - [C.D.C. Adult Immunization Schedule](#)
 - [C.D.C. Southeast Asia Travel Health Information](#)
 - **[IAMAT](#) (International Association of Medical Assistance to Travelers):**
 - [IAMAT World Malaria Risk Chart](#)
 - [IAMAT Protect Yourself Against Malaria](#)
 - [IAMAT World Immunization Chart](#)
 - [Medic Alert Foundation](#)



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- **Basic Travel Kit Suggestions:** The key point is to travel light to avoid back injury during baggage handling. Every traveler should be somewhat autonomous; do NOT rely on the kindness of others to handle your overstuffed bags. For any battery operated equipment, please be sure to remove the batteries (as a safety / security precaution) before packing your bags to avoid unnecessary bag inspections. [**Note:** New flight security rules limit what you can carry on board. Separate regulated items in a zip plastic bag so you can remove them and pack them in your checked baggage when putting your toiletry kit in your carry-on bag.]
 - **Travel Documents:** Always keep your travel documents with you. Never pack them in your checked bags or in your day pack. Keep a photo copy of your passport photo ID page as a back up along with extra passport photos to facilitate replacing lost or stolen documents.
 - **Medication:** Carry any prescription medication with you (esp. on days when travel is scheduled. If your bags are inaccessible, lost or delayed, your health won't be in jeopardy. Also carry copies of needed prescriptions along with any overseas trade names for the medication with your travel documents.
 - **Toiletries:** The usual basic: toothbrush / toothpaste, floss, small towel, small mirror, and (if necessary, appropriate feminine hygiene items).
 - **Field Kit:** These items should be carried with you in a belt bag or day pack when working in the field or during day trips away from the hotel or van.

<input type="checkbox"/> Hat	<input type="checkbox"/> high energy bars (emergency snack),	<input type="checkbox"/> large plastic leaf trash bag (emergency rain poncho or wind break)
<input type="checkbox"/> dark glasses	<input type="checkbox"/> waterproof matches	
<input type="checkbox"/> sun block; lip balm	<input type="checkbox"/> small mirror	<input type="checkbox"/> hand lens / magnifying glass
<input type="checkbox"/> whistle	<input type="checkbox"/> wet wipe towels	
<input type="checkbox"/> compass	<input type="checkbox"/> toilet tissue	<input type="checkbox"/> flashlight (with spare batteries)
<input type="checkbox"/> note pad and pen	<input type="checkbox"/> 1 roll of black electrical tape	
<input type="checkbox"/> bandana / neckerchief	<input type="checkbox"/> assorted sized zip closure plastic bags	<input type="checkbox"/> pocket knife or folding scissors
<input type="checkbox"/> water bottle		
<input type="checkbox"/> work gloves		

[**Note:** If you carry these in a belt bag or your daypack, you have them handy any time during the trip. But be prepared to separate restricted items for security checks, especially at airports.]

- **First Aid Kit:** Each person should have their personal first aid kit in their day pack. Here is a suggested checklist. Feel free to add or remove items from the list as you choose.

<input type="checkbox"/> band aids	<input type="checkbox"/> anti-sting medication	<input type="checkbox"/> cotton swabs
<input type="checkbox"/> antiseptic cream / wipes	<input type="checkbox"/> sunburn cream	<input type="checkbox"/> aspirin / non-aspirin pain reliever
<input type="checkbox"/> antibiotic ointment	<input type="checkbox"/> ace bandage	
<input type="checkbox"/> mole skin (for blisters);	<input type="checkbox"/> butterfly stitches	<input type="checkbox"/> activated charcoal tablets (for food poisoning)
<input type="checkbox"/> medical adhesive tape	<input type="checkbox"/> safety pins	
<input type="checkbox"/> gauze pads	<input type="checkbox"/> natural tear eye drops	<input type="checkbox"/> 2 round, pea-sized beads (for motion sickness);
<input type="checkbox"/> antihistamine	<input type="checkbox"/> Peptobismol tablets	
<input type="checkbox"/> small folding fan	<input type="checkbox"/> thermometer	<input type="checkbox"/> re-hydration formula or packets of sugar and salt
<input type="checkbox"/> alcohol wipes	<input type="checkbox"/> triangular bandage	



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- **Daypack:** Whenever traveling by bus / van, you may not be able to get to your baggage. Prepare your daypack to have the basic necessities for you to function. [Note: For flights, the daypack is your carry-on. So use the airline guidelines for carryon size / weight limitations. Also for flights, pack one change of underwear/socks and basic toiletries. If your bags get delayed or lost, you can still function.] [Note: See Camera Gear notes below.]
- **Camera Gear:** Never take a new and unfamiliar camera on an international trip. Think about the kinds of photos you usually take (e.g. scenic panoramas, people portraits, group shots, close-ups, flash, indoors, outdoors, photos from a moving vehicle, through glass windows, etc.). Use a camera you know and are familiar with so you know you have the best chance to get good pictures. BEFORE the trip, practice using a new camera in all types of situations for all types of photos you often take. Process the film / images and examine them closely, and refine your skills. During the trip, photo opportunities are often “once in a life-time” or very difficult to recapture. So make every effort to develop your proficiency before the trip. Consider a back up if your main camera fails. Carry extra batteries (especially specialty batteries that may not be readily available in rural areas). Keep camera gear separate—perhaps in a large zip lock bag—in your daypack. [Note: Protect your film by using lead-lined film bags or separating all photo film for easier hand-inspections---and getting to inspection points early to allow time for hand inspections. X-ray exposure of photographic film is accumulative, so “Film safe X-ray” machines may be safe for one or two exposures. But during the trip, your film may be subjected to 4 or more security inspections.]
- **Mosquito Protection:** Mosquitoes and mosquito-borne diseases are a problem in the humid tropics. Prophylaxis medications are an option you need to discuss with your doctor. However, use of high powered drugs on your part can help mosquitoes develop resistance to those high powered drugs rendering the medicines more commonly available to local people ineffective. The best protection is NOT to get bitten by a mosquito.
 - **Light-colored Clothing** makes it easier to spot mosquitoes landing on you. Long sleeve shirts are better than short sleeve shirts.
 - **Mosquito Nets:** Though bulky, I tend to carry my own mosquito net so I know I have this protection option with me at all times. Tuck the net under the mattress. Carry some tape to patch any holes in the net where mosquitoes can enter. After entering the net at night, use a flashlight to inspect for mosquitoes inside the netting and kill them before you go to sleep. Be sure to have enough room so you don't lay up against the netting. They can bite you through the net as they do through a thin layer of clothing.
 - **Repellent** with DEET is preferred, but I use it on my clothing / nets and avoid it on my skin. Head nets are good additional protection but can be uncomfortable in hot, humid conditions. Cut the foot portion off an old pair of socks. Take the upper portion that cover you ankles and soak them in repellent with 100% DEET. When in areas of mosquito exposure, put the



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sock tops on to give better ankle protection against mosquito bites.

Ankles are prime biting sites. Add more DEET as needed.

- **Lemon Grass** stalks crushed to a fibrous pulp, with leaves removed, can be rubbed directly on your exposed skin. Usually lasts about 4-5 hours. Most people have no bad reaction to this. Many report it also has a soothing effect on their skin. Lemon grass contains a high amount of citronella, a natural mosquito repellant. This plant is very common all over Thailand, so you have a ready supply to use for mosquito protection.
- **Permethrin:** Originally derived from plants and later made into a synthetic material, permethrin kills mosquitoes on contact by disrupting their nervous system. You apply permethrin to your clothes. Learn more about permethrin by visiting the following sites. Check with your physician before using this product.

General Permethrin information

[Travel Med Trip Preparation](#)

[CDC Protection from Mosquitoes](#)

[Health Information: Insects](#)

[Article on Mosquitoes](#)

[Trailwise Permethrin Information](#)

[IAMAT Protect Yourself](#)

Lists of other alternative repellents

[WebMD Helath Guide](#)

[Sawyer Insect Repellants](#)

3.1.1.5 Clothing: Select clothing items that can be layered for warmth as needed (see climate summary information below). Natural fiber fabrics are preferred to synthetics. Use the checklist (on the next page) as a guide to pack light for the trip.

Weather station NAN is at about 18.77°N 100.70°E. Height about 200m / 656 feet above sea level															
			Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Temperature	Ave Max (1)	°C	29.8	32.7	35.1	36.5	34.7	32.8	31.9	31.4	32.0	32.0	30.8	29.3	32.4
		°F	85.6	90.9	95.2	97.7	94.5	91.0	89.4	88.5	89.6	89.6	87.4	84.7	90.3
	Ave Ann (1)	°C	21.5	23.7	26.6	29.0	29.2	28.5	27.9	27.5	27.7	26.9	24.8	22.0	26.3
		°F	70.7	74.7	79.9	84.2	84.6	83.3	82.2	81.5	81.9	80.4	76.6	71.6	79.3
	Ave Min (2)	°C	13.2	14.7	18.1	21.7	23.6	24.1	23.8	23.6	23.4	21.8	18.7	14.6	20.1
		°F	55.8	58.5	64.6	71.1	74.5	75.4	74.8	74.5	74.1	71.2	65.7	58.3	68.2
Ave Precip (3)		mm	10.8	14.4	37.0	94.5	172.9	158.8	200.6	283.8	224.6	90.1	13.6	4.8	1310.2
		in	0.4	0.6	1.5	3.7	6.8	6.3	7.9	11.2	8.8	3.5	0.5	0.2	51.6
Rain Days / mo (4)			1.3	1.7	3.4	8.6	16.1	15.0	18.9	22.5	16.9	10.1	3.6	1.2	119.3
Ave Rel Humidity (4)		7am	96	94	89	88	91	91	93	95	96	96	96	97	93
		1 pm	51	44	41	47	59	65	69	71	69	63	58	53	58
Ave Wind Speed (4)		km/hr	0.7	1.1	1.3	1.7	1.5	1.7	1.5	1.3	0.9	0.7	0.7	0.7	1.2
		mph	0.43	0.68	0.81	1.06	0.93	1.06	0.93	0.81	0.56	0.43	0.43	0.43	0.75
Ave Wind Dir (4)			SE	S	S	S	S	S	S	S	S	N	N	S	S
Ave Daylight Hrs (5)			11.32	11.72	12.02	12.53	13.01	13.14	13.08						
Sources:	(1) GHCN 2 Beta 299 months between 1951 and 1975; www.worldclimate.com														
	(2) GHCN 2 Beta 300 months between 1951 and 1975; www.worldclimate.com														
	(3) GHCN 1. 311 months between 1951 and 1976; www.worldclimate.com														
	(4) Royal Thai Meteorological Department;														
	(5) US Naval Observatory, Astronomical Applications: www.aa.usno.navy.mil/data														



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<input type="checkbox"/> 3 sets underwear	<input type="checkbox"/> 1 bandana / handkerchief	<input type="checkbox"/> 1 pr comfortable walking shoes
<input type="checkbox"/> 3 prs socks	<input type="checkbox"/> 1 small travel towel	<input type="checkbox"/> 2 pr sandals / flipflops (1 pr indoor use; 1 pr outdoor)
<input type="checkbox"/> 2 pr pants	<input type="checkbox"/> 1 poncho or umbrella	
<input type="checkbox"/> 1 pr shorts	<input type="checkbox"/> 2 long sleeve shirts	<input type="checkbox"/> 3 T-shirts; 2 round neck; 1 with collar
<input type="checkbox"/> 1 belt	<input type="checkbox"/> 1 windbreaker	
<input type="checkbox"/> 1 hat	<input type="checkbox"/> 1 pr dark glasses	

3.1.1.6 Pre-Trip Meetings / Training: Whenever possible, pre-trip meetings will be scheduled by ESSI. It will be a challenge to get everyone together for each meeting, but it would be good if one roommate from each team could attend. The back-up is to e-mail or post questions to the Discussion Area of the [ESSI](#) website for trip enrollment questions and [RTC-TH](#) website for itinerary and project questions. Some of the possible meeting topics include:

- **General Orientation:** Trip procedures ([ESSI](#)), Introduction to Thai culture and food, General Thai Geography ([RTC-TH](#)).
- **Project Lessons / Activities Training:** Green School, Habitat, NASA S'COOL, and Sustainable practices. [Note: You will get a booklet on project activities. Many can be self-taught at home. Questions can be posted to the [RTC-TH](#) web Discussion Area to facilitate the learning process.]

3.1.1.7 RTC-TH Self-Learning Aids: The RTC-TH is about education. Part of this trip involves learning how to become your own best teacher. [Note: These forms are attached at the end of this paper.] Please make copies of the forms at the end of this paper.

- **Trip Self-Survey Form:** Three basic questions are asked at 3 different phases of the trip: Before, During, and After. The purposes are to focus your learning and to “internalize” the learning---that is, to get you to reflect on the trip as a personal learning experience. No one else has to see your form. It is meant for your personal use only.
- **Journal Writing:** Use this blank as a master to make additional copies. You will be assigned specific trip days to write a journal page for the group (in addition to your personal journal pages, if you choose to keep a personal trip journal). The RTC-TH trip leaders will assign each volunteer to writing journal pages for the Group Journal (to be compiled, copied, and distributed to everyone after the trip). This adds a “shared experience” component to the trip to compliment your individual learning experience.
- **Learning Log:** Use this blank form as a master to make additional copies. For each ESSI Project Lesson / Activity you choose to learn, we ask you complete a Learning Log. Three basic questions are asked: 1) What did you learn that you didn't know before? 2) How will you make use of this new knowledge? 3) What didn't you understand about the lesson? The main points are to have you to personalize the learning, reflect on it, and also for us to know what you have trouble learning about the lesson or activity.
- **Teach Back Form:** We encourage you to share your newly acquired knowledge with others. This can be other travelers, you family, friends, neighbors. This is NOT a formal requirement for this trip. In more formal programs, participants pledge to teach back to a specified or required number of people. But we wanted



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to expose you to an important Community-based education tool used at the RTC-TH. [Note: The teach back is a critical “force multiplier” and is explained in more detail in an other RTC-TH paper that can be provided upon request.]

3.1.2 Trip Activities:

3.1.2.1 Baggage: You will get colored and coded RTC-TH baggage tags for this trip.

The codes identify roommates to speed baggage sorting. At some hotels, bags are delivered to the guest rooms. In these cases, the passenger manifest will have the appropriate bag code numbers and room number assignments to help attendants deliver the bags quickly.

- **Pack Light:** Don't rely on others to help you lift heavy or overweight bags. Consider any bag too heavy if you cannot comfortably: 1) lift it from the floor to a table top, 2) pick it up and carry down the length of your drive way and back without stopping, 3) carry your bag (and daypack) up 1 flight of narrow stairs.
- **Baggage Handling:** Loading and unloading go faster with teamwork. Forming a line and passing bags along the line person to person speeds up the process. (See why we want to avoid heavy, bulky bags?!)
- **Baggage Security:** Keep all RTC-TH volunteer bags together. Don't leave any bag unattended. Essentially, everyone needs to help look out for **any** RTC-TH volunteer bag and keep it together with all other bags. Don't worry if it is your bag or not. If it has an RTC-TH tag, grab it and put to together with the others. [Note: Check on the latest FAA and individual airline regulations regarding locking checked bags.]
- **Baggage Count:** Prior to departing hotels or baggage claim areas, line up all RTC-TH tagged bags in sequential order by code number. Verify all bags (especially your own) are present before loading. Do the same when unloading or claiming bags upon arrival.

3.1.2.2 Transportation / Accommodation Check-in/out: We need everyone to cooperate so we can efficiently process in and out of airports, buses, vans, boats, etc. Then you have more time to see the country instead of the inside of hotel lobbies and other transportation waiting areas. Watch the itinerary. Any time a major move requires checking out of a hotel, be sure to pack your bags the **night before** to avoid last minute rushed packing in the morning and potentially avoiding delays for critical transportation connections.

- **Trans-Pacific Flight:** During the long flight to Asia, be sure to keep properly hydrated. Water is the best. Caffeinated beverages and alcohol are the worst. Loose-fitting, comfortable natural fiber clothing should be worn (avoid synthetic materials due to fire / burn hazards potential). Removing your shoes or replacing shoes with sandals in flight will reduce the effects of swollen feet due to circulation / exercise limitations in flight. [Note: Wear comfortable shoes; don't bring new shoes that need to be “broken in” for the trip.] When possible, stroll about the cabin to keep your circulation going and avoid swollen feet. You can do Isometric exercises at your seat to help stimulate or maintain circulation. Sleep is sometimes the best way to handle the multiple time zone crossings involved by this trip.



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- **Check-in:** Travelers should form a single line in code number sequence. At least one roommate for each pair should be present to get hotel keys, announcements, instructions, last minute scheduling information, the RTC-TH leader room numbers, etc. Be sure to get something with the hotel name, address, and phone number in both English and the local language. Keep this with you at all times so you can use it to get back to the hotel if you get separated from the group.
- **Check-out:** Before breakfast, have your bags packed and ready to go. Follow the instructions given the night before departure (e.g. put bags outside your room before going to breakfast; or bring bags down to the lobby and then go to breakfast). After checking for your personal belongings and leaving the room for check-out, give your key to the designated RTC-TH team leader. Some hotels charge a key deposit for room keys. We need all keys to get the deposit back. Again, form a single line in code number sequence order so we can quickly and efficiently prepare for departure and check to see everyone is present. **[Note:** On days when flights are scheduled, this will also speed the distribution of any required forms or papers.]
- **Passport Tags:** Be sure to put the RTC-TH ID tag on your passport cover. In the event we need to collect passports, the ID tag will speed up the recovery process when returning the passport to you.

3.1.2.3 Meals: All meals are included for this trip. However, if you choose to get meals apart from the group, feel free to explore---but be sure you don't delay the group especially for departures. During home stay situations, you will have meals with your host family. **[Note:** Dietary constraints will be relayed to host families and consideration will be given to your requests when assigning volunteers to host families.] Due to group pricing, refunds for unused meals / services is not possible.

- **Breakfast:** This is usually included in the hotel stay. Breakfast time is announced when we check-in. It will also be posted on the RTC-TH trip leader's hotel room door. On days we are departing for another city, be sure to have all bags down in the lobby BEFORE going to breakfast. Keys need to be returned to an RTC-TH staff person after breakfast and before departure.
- **Lunch:** In the village, there may be times when we eat lunch at school. During the travel portion of the trip, meals will vary from using restaurants or box lunches depending on the circumstances of the day. Announcements are made either at hotel check-in or at the start of the day.
- **Dinner:** These are scheduled at home with your host family in the village and are often at the hotel or a restaurant during travel.
- **Snacks:** The best made plans often go awry. So plan to have "emergency" snacks in case there are unavoidable schedule delays especially delays affecting meal schedules.
- **Water:** Be sure to keep yourself properly hydrated. Before going out each day, fill your water bottle. **[Note:** In many cases, hotels provide a complimentary bottle of water each day in your room. Be sure to take it with you each day.] When out and about, be advised that beverages with "ice" can be a source of



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gastrointestinal problems, especially if you are not certain of the sanitation of the source of the ice. Beverages made with boiled water are generally safer.

3.1.2.4 General Safety: Every traveler is expected to exercise prudence and discretion to ensure individual and group safety.

- **Stick with a buddy;** avoid going off alone.
- **General “street smarts”** should be practiced at all times (e.g. staying in well-lighted, well-peopled areas at night, keeping small amounts of cash in your wallet to avoid “flashing cash” in market places as you pay for purchases, etc.).
- **If separating from the group,** tell the RTC-TH trip leader where you are going, who is going with you, when you expect to return. Then stick with that plan.
- **Critical transportation connections cannot be missed.** Do not expect the group to miss those connections while waiting for you. If you don’t make a group departure, it will be your responsibility to catch up to the group. So make sure you have the group itinerary, emergency funds, and emergency contact information with you at all times.

3.1.2.5 Group Photos: When taking group photos, consider alternating whose camera is being used, limiting group shots to 2-3 cameras, and sharing the group shots after the trip. This will avoid delays when the same group shot is being taken using several cameras.

3.1.2.6 Bus / Van Seating: Everyone wants the “best” seat. The fact is there are a limited number of them and the “best” varies depending on the route, time of day, scenery, etc. So be considerate and rotate (front to back, sunny / shady side, window / aisle, etc.). Do this informally on an honor system. If needed, we can impose “assigned seating” as necessary to try to be fair. **[Note:** We ask for your patience, understanding, and flexibility to accommodate special needs for travelers suffering from motion sickness who may require a specific seat---usually front for clear forward view, or near the center (front to back, left to right) of the bus.]

3.1.2.7 Daily Group Journal: Each day, a few people will be assigned Group Journal Writing duty. These will be compiled, copied, and distributed to everyone after the trip. If you keep your own trip journal, you can compare / contrast your impressions with other travelers. This is an interesting supplement to your trip journal and photos for years to come. You may submit your original journal pages to an RTC-TH trip leader when you finish them during the trip or after the trip.

3.1.2.8 Tips: The RTC-TH trip leaders handle all tips for the group. If Thai drivers, guides, etc. ask you for tips, refer them to the RTC-TH trip leaders. When we are leaving an area, if the group wants to give additional tips to reward the drivers / local guides, please coordinate with the RTC-TH trip leaders avoid confusion.

3.1.3 Post Trip Activities

3.1.3.1 Health Advisory Information: When you get home, mark your calendar to note the following information:

- Date of your return home from your overseas travel. Count and mark 30, 60, and 90 days after your return. These are your health monitoring reference markers. If **any** symptoms show up in these time intervals, contact your physician



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immediately and review your overseas travel itinerary with them. Don't take any chances: check with your physician if feeling fatigued, show any indications of a "slight" cold, etc. Many tropical diseases incubate and make themselves known gradually. The earlier they are detected, the more assured you are of proper and successful treatment.

3.1.3.2 Journal Pages: Please send a very clear copy of your journal pages to the ESSI coordinators. Be sure you clearly identify the author, date of the journal page, and location(s) involved. We will compile all journal pages and make copies for everyone. The compilation will be handed out at the Volunteer Reunion meeting.

3.1.3.3 Volunteer Reunion: When everyone is back in LA and had their photos developed, and journal pages submitted, ESSI will organize a volunteer reunion. This will be a good time to view and exchange photos. Everyone will get their copy of the compiled trip journal. This will certainly be a unique keepsake to supplement your photos.

3.2 TO APPLY FOR THIS TRIP complete the trip application / release / waiver / agreement and send the \$200 non-refundable deposit (applicable to the overall trip cost) to Earth Systems Science, Inc., PO Box 8042, Van Nuys, CA 91409-8042. Make checks payable to Earth Systems Science, Inc. You can get the necessary forms by sending an e-mail request to earthsystemscience@yahoo.com or by calling 818 343-2363. The balance is due on Dec 3, 2006.

3.2.1 CHECK THE [ESSI](#) / [RTC-TH](#) WEBSITES FOR UPDATES: Additional trip enrollment information and updates will be posted to the [ESSI](#) website "Newsletter", "Calendar" and "Our Pages" sections. Relevant questions can be posted to the [ESSI](#) "Discussion Area". Trip itinerary and Project activity information and updates will be posted to the [RTC-TH](#) website "Newsletter", "Calendar" and "Our Pages" sections. Relevant questions can be posted to the [RTC-TH](#) "Discussion Area".

3.2.2 TRAINING INFORMATION will also be posted to the website, given out at pre-trip meetings or distributed by e-mail. Hands-on training will be conducted as time permits or by individual self-guided lessons in your own backyard.

4.0 THAILAND CULTURAL ORIENTATION: Prior to the trip, we will hold an orientation meeting about Thai culture and food. There are 4 very important points to remember at all times during your stay in Thailand.

- **Respect the King and the Royal Family.** Treated them with the utmost respect. People, and especially foreigners, do not criticize or joke about them.
- **Respect Buddha.** Do not play with images of Buddha or joke about him. Shoes are removed when entering temples. Appropriate dress is required (for women this means no shorts or tank tops, for men it means wearing a shirt and pants).
- **Respect People.** Polite behavior and calmly stated requests are rewarded more quickly than shouting demands and pounding fists and stamping feet. Never raise your voice in anger or show it openly to Thai people. The western problem solving approach "the squeaky wheel gets the grease" doesn't work here.
- **Respect Children:** Children are the future, and the teachings of Buddha stress enlightenment through study and learning. Please, do not affectionately touch a



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Thai child's head. Pats on the head or touching the head is seen as inappropriate because the head is the center of conscious thought and very necessary for one's enlightenment.

4.1 General Social Behavior: For westerners, the politeness of Thai society essentially translates into "No PDA---No Public Displays of Affection." The friendly hugging, hand-holding, kissing, etc. common between the genders here are not common in Thailand. You may see more of this going on among members of the same gender--but don't be misled into thoughts of alternative sexual lifestyles. Thai culture and social context are not the same as western society. When in doubt, don't. Take your cue from the Thais. If a woman extends her hand for a handshake, no problem. If she disdains to be touched, back off and don't touch. One of the negative cultural contact / conflicts in operation here is the traditional view that no self-respecting Thai woman would be associated with a foreigner. So when Thai women are seen in the company of foreign men, most Thais assume the worst in terms of the woman's character. There are some traditional Thai social practices that may be troubling to westerners, especially in light of gender equity issues. But keep an open mind, try to reserve judgment, observe neutrally and try to learn about Thai culture. In private and back home, you are entirely free to question and express your opinions. Travel is a special kind of education. Observe carefully, take copious notes during the trip, and you will gain much more from the experience.

- **Home Visits:** Even Thai good friends may never visit each other's homes. It is more common to meet each other away from home. So when you make a "good" Thai friend, don't feel slighted when they don't invite you to their home. [Note: This is one unique aspect of the RTC-TH trip---home stays. You can see what it is like to live in Thailand the way the Thais live. Please remember to remove your shoes before entering the house.]
- **Sitting on the Floor** Thai-style can be a real challenge for many westerners. It is important to avoid having the bottoms of your feet point toward someone. Thais are generally tolerant and understand westerners are different. But if you can be mindful of this point, you make a better impression.
- **The Wai** (the prayer-like clasping of hands and nodding bow; sounds like "why") is the traditional Thai greeting and parting. The protocol as to whom wais whom first is dictated by age / relative social position / gender with the lower status person going first. Children wai adults, but adults never wai to children first.
- **Squat Toilets:** For some this is a cultural shock. For others, an interesting sanitary arrangement where no body parts touch the toilet. A very important point is NOT to put any toilet paper into it to clog the system. Use the wastebasket instead. Western style bathrooms and toilets are available in the hotels used for the trip (most are 3 or 4-star). But you will encounter these more traditional toilets during the trip. [Note: Use the toilet before leaving the hotel each day. Carry some toilet tissue and wet wipe towels with you when going away from the hotel.]

4.2 Gifts: The RTC-TH does not believe in giving alcoholic spirits or smoking materials as gifts as these are counter to the 5 Basic Buddhist Sila. The Thais are curious

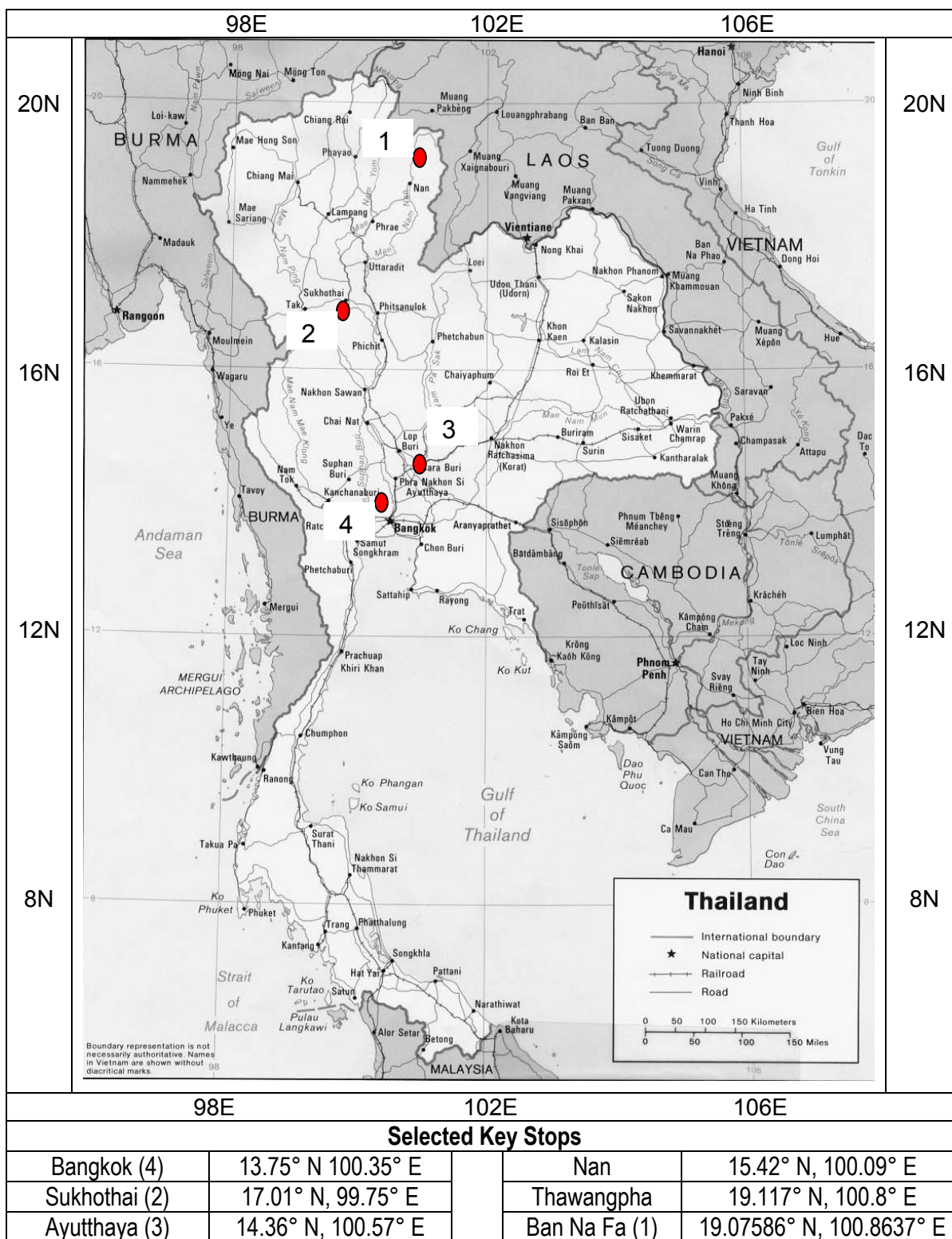


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about your family and life in America. Bring along some family photos to share. We suggest you avoid individual or items of a more personal nature.

The following is a general map of Thailand.



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5.0 TENTATIVE ITINERARY: (Subject to changes may occur due to last minute weather and site conditions.) The exact trip length, and daily itinerary are yet to be determined and are subject to scheduling factors that are yet to be determined.

RTC-TH Winter 2007 Itinerary			
#	Date	Day	
1	03 Jan	W	
2	04 Jan	Th	
3	05 Jan	F	
4	06 Jan	Sa	
5	07 Jan	Su	
6	08 Jan	M	
7	09 Jan	T	
8	10 Jan	W	
9	11 Jan	Th	
10	12 Jan	F	
11	13 Jan	Sa	
12	14 Jan	Su	
13	15 Jan	M	
14	16 Jan	T	
15	17 Jan	W	
16	18 Jan	Th	
17	19 Jan	F	
18	20 Jan	Sa	
19	21 Jan	Su	
20	22 Jan	M	





RTC-Thailand Trip Survey To: Nan Province

Column A: Before the Trip

List some things that come to your mind when you hear the name Thailand?

Column B: During the Trip

List some things that most impressed you about Thailand since you arrived in

Column C: After the Trip

List the some most memorable things about this place or trip.

List some things that come to your mind when you here the name of Nan Province?

List some things that most impressed you about a key feature or topic at Na Fa Village?

List some new things you learned about this place as a result of this trip.

List some things you want to learn from a trip to this place.

List some things you learned or that you did not expect to learn so far on this trip.

List the some things that you learned about yourself on this trip.



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Thailand Volunteer Trip Winter 2007 Trip Waiver / Release

PO Box 8042, Van Nuys, CA 91409-8042
Phone: (323) 343-9266

www.earthsystemsscience.org
E-mail: earthsystemsscience1@gmail.com

Community-based Environmental Education for Families and Sustainable Neighborhoods

I hereby acknowledge that I have voluntarily applied to participate in outdoor environmental learning trips and/or related educational training, hereinafter referred to as "activities" through Earth Systems Science, Inc.

I am aware that the activities are hazardous, involving risk of serious bodily injury, death, or property damage and I am voluntarily participating in these activities with knowledge of these dangers including, but not limited to, slips, falls, objects or persons falling on persons, equipment failure, injury from pointed equipment, high altitude injury, improperly administered first aid, lightning hypothermia, and/or drowning.

As lawful consideration for being permitted by Earth Systems Science, Inc. or any of its officers, agents, servants, volunteers, activity participants, or employees, herein referred to as releasees, to participate in these activities and/or use their equipment, the undersigned does for him/herself, his/her heirs, executors, administrators, legal representatives, guardians, distributees, and assigns, collectively referred to as releasors, hereby release, waive, discharge, and relinquish any action or causes of action for personal injury, property damage, or wrongful death which may hereafter arise from the activities or any pursuit incidental thereto wherever or however said pursuit may occur and for whatever period said activities and pursuits may continue. The undersigned further agrees that under no circumstances will releasors prosecute or present any claim against releasees for any cause of action, for personal injury, property damage or wrongful death, whether the same shall arise by the negligence or non-intentional conduct of any of said releasees from the activities or any pursuit incidental thereto.

The undersigned will indemnify releasees and/or and their agents and employees, and hold them harmless for any financial liability or obligation which the undersigned may personally incur, or injury or damage to the person or property of others which the undersigned causes or contributes to while participating in the activity.

This document is intended to be as is permissible under the law of the State of California and this agreement shall be interpreted under the laws of the State of California. If any portion of this agreement is invalid, it is agreed that the balance shall continue in full force and effect.

The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement and further agrees that no oral representations, statements, or inducements apart from the foregoing written agreement have been made.

Signed: _____ Date: _____

Name (please print) _____

If participant is a minor, signature of parent/guardian is also required:

Signed: _____ Date: _____

Relationship: ☐ Parent ☐ Guardian

Name (please print) _____

Please also ask for the Minor Educational Photo Release form.





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Thailand Volunteer Winter 2007 Trip Agreement

Community-based Environmental Education for Families and Sustainable Neighborhoods

1. I understand my Earth Systems Science, Inc. (ESSI) trip starts at takeoff from LAX and ends at the landing of the scheduled return flight to LAX. If I have a stay-ahead/stay-behind period, my ESSI trip begins when I meet the group overseas and/or ends at the time I leave the group overseas.
2. Each traveler must complete and sign an Application Form. (A parent or guardian must the Application Form for travelers who are minors.) The contents of this agreement, the trip release, and the trip announcement are the terms and conditions I accept when traveling with the ESSI. ESSI reserves the right to refuse or cancel any registration at its sole discretion. The Application Form must be accompanied by an initial payment stated in the trip announcement. Please make checks payable to the ESSI. Subsequent payments are due according to the schedule sent to me at the time of enrollment. Confirmation of enrollment will be sent after receipt and confirmation of your payment. No further invoices will be sent. To ensure proper credit for your payments, be sure your name and the travel program name are on your payments. A \$50 processing fee will be assessed for each check returned to ESSI by the drawer's bank. A late fee of \$50 is assessed for each payment received (post-marked) after the due date. If you enroll within 60 days of departure, you must include a \$100 late enrollment fee and full payment and your Application Form. Late enrollments are accepted based on availability.
3. Program fees are based on the airfares, currency exchange rates, land costs, applicable taxes, minimum number of participants, double room occupancy, and other costs and fees in effect at the time of printing the trip agreement, trip release, and the trip announcement. In the event any of these costs change or new charges/ taxes/ fees are applied, the program fee will be adjusted accordingly.
4. If you decide to cancel your enrollment, send written notification by Certified mail to: ESSI, Attn: Erika Rodriguez, PO Box 8042, Van Nuys, CA 91409-8042. Your cancellation is effective as of the postmark on the envelope. A refund check will be mailed to you within 45 days based on postmark date of the refund mailing. Cancellation fees, in addition to those levied by the airlines and land operators, will be assessed as follows: 116 or more days before departure (dbd), \$175; 46-115 dbd, \$480; 15-45 dbd, \$1090; 0-14 dbd, no refund. If a travel program is canceled by ESSI, a full refund will be mailed to you within 45 days of the cancellation notice (less any unrecoverable fees from the vendors). If you cancel but find a traveler to take your place, a \$100 substitution fee is charged. The cancellation fees may be waived or reduced depending on the vendor services fees incurred to make the required substitution arrangements.
5. I understand the air carrier's liability for loss of or damage to baggage or property, or for death or injury to person, is limited by their tariffs, or the Warsaw Convention, or both. ESSI strongly advises travelers purchase medical insurance (to cover hospital bills, doctor's fees, and medical transportation back to the US), baggage insurance (for coverage beyond air line limits), and trip cancellation / interruption insurance.
6. ESSI uses all major airlines offering scheduled air service for its travel programs. The airlines are not responsible for any act, omission, or event during the time that you are not onboard their aircraft. The passenger contracts in use by the airlines, when tickets are issued, shall constitute the sole contract between you and the airline.
7. All requests for separate flight arrangements must be made in writing at the time you enroll in the program. On certain travel programs where fees are calculated on a minimum number of passengers traveling together, this option may not be available. All requests are subject to availability. You will bear any additional costs, and may be charged a non-refundable service fee, depending on the vendor charges to ESSI.
8. ESSI reserves the right to make the following changes: **a)** The order of cities/ sites/locations visited; **b)** Airline/air routing; **c)** Accommodations; **d)** Program fees (refer to Section 2 above); **e)** Excursions, attractions, or activities if scheduled are closed or unavailable due to strikes, holidays, or if the visits are rendered impossible for other reasons beyond the control of ESSI.
9. By enrolling in the ESSI trip, I made a choice and a commitment to travel with the trip leaders organizing the group. I agree to abide by ESSI regulations and the directions of the trip leaders during my tour. Failure to do so may result in ESSI terminating me from the tour immediately. I understand that to disobey such rules or directions is to waive the right to a refund of any part of my program fee, and that ESSI may send me home at my own expense.
10. I agree to abide by all local laws when abroad, including those concerning drugs and alcohol (and in the case of a minor, when such laws are not in conflict with parent's permission). I understand that to abuse or disobey such laws is to waive the right to a refund of any part of my program fee. ESSI may then send me home at my own expense. Further, I understand that should local authorities be involved, I will be subject to the laws of the country I am visiting and ESSI has no obligations in the case.
11. ESSI will have no responsibility to or for me when I am absent from ESSI-supervised activities. No refunds are given for activities not attended or services unused during the trip.
12. I understand that I am required to pay for any phone calls or incidental personal expenses I incur at hotels, as well as for any damage I cause to buses/vans, hotel rooms, or other related facilities involved in this trip.
13. I understand that this trip has been designed to conform with the By-laws and the stated purpose of the ESSI as a non-profit educational organization as reflected in the pacing, content, and other aspects of the trip.

RTC-TH Winter 2007 Planner

[illegible]

	Rural Training Center-Thailand (RTC-TH)	
	Educational Photo Release Form Adult Photo / Image Release	
An educational non-profit organization	c/o U. Suttisan, 84 Moo 2 Ban Na Fa, Jompra, Thawangpha City, Nan Province, Thailand 55410 www.neighborhoodlink.com/org/rtcth	E-mail: rtc2k5@gmail.com
Community-based Education for the Self-Sufficiency and Sustainability for Small Rural Family Farms		

I, _____ give the Rural Training Center-Thailand (RTC-TH) the absolute right and permission to use the likeness or images of me in its promotional materials and publicity efforts in print, electronic, or video format. The images will be used in educational materials and/or commercial use as the RTC-TH sees fit. When the images are published, the RTC-TH will take precautionary steps to provide minimum identifying information and will not use specific street or mailing addresses, e-mail addresses, or phone numbers. I release all claims against the RTC-TH with respect to copyright ownership and publication including any claim for compensation related to the use of the materials. Further, I release the RTC-TH, the photographer, their offices, employees, agents, and designees from liability for any violation of any personal or proprietary right I may have in connection with such use.

Signature: _____

(Please print)

Name _____ Date _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: (_____) _____ E-mail: _____

General RTC-TH Guidelines: Use this release when photographing or videotaping an adult (over age 18). Photographs or videotaping in private or public schools or other youth organization facilities must only be done with written permission of the school or facility authorities and with signed parental release forms from a parent or guardian of each child. It is the responsibility of the photographer or videographer to secure and maintain all photo release records.

A separate form is available for minors.



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[illegible]



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Phone: (323) 343-9266

www.earthsystemsscience.org

E-mail: earthsystemsscience1@gmail.com

Community-based Environmental Education for Families and Sustainable Neighborhoods

Educational Photo Release Form

Adult Photo / Image Release

I, _____ give Earth Systems Science, Inc. (ESSI) the absolute right and permission to use the likeness or images of me in its educational promotional materials and publicity efforts in print, electronic, or video format. The images will be used in educational materials and/or commercial use as ESSI sees fit. When the images are published, ESSI will take precautionary steps to provide minimum identifying information and will not use specific street or mailing addresses, e-mail addresses, or phone numbers. I release all claims against ESSI with respect to copyright ownership and publication including any claim for compensation related to the use of the materials. Further, I release ESSI, the photographer, their offices, employees, agents, and designees from liability for any violation of any personal or proprietary right I may have in connection with such use.

Signature: _____

(Please print)

Name _____ Date _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: (_____) _____ E-mail: _____

General ESSI Guidelines: Use this release when photographing or videotaping an adult (over age 18). Photographs or videotaping in private or public schools or other youth organization facilities must only be done with written permission of the school or facility authorities and with signed parental release forms from a parent or guardian of each child. It is the responsibility of the photographer or videographer to secure and maintain all photo release records.

A separate form is available for minors.



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Daily Journal Log

Community-based Education for the Self-Sufficiency and Sustainability for Small Rural Family Farms

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	<div style="display: flex; justify-content: space-between; align-items: center;"> <u>Community-based Education</u> <h2 style="margin: 0;">Learning Log</h2> </div>
Community-based Education for the Self-Sufficiency and Sustainability of Small Rural Family Farms	
Place: _____	Date: _____
Page: of .	

Name: _____

Training Topic	What did I learn that was new that I didn't know before? How will I make use of this information? What didn't I understand about this lesson?	Date Reviewed by
Training Topic	What did I learn that was new that I didn't know before? How will I make use of this information? What didn't I understand about this lesson?	Date Reviewed by
Training Topic	What did I learn that was new that I didn't know before? How will I make use of this information? What didn't I understand about this lesson?	Date Reviewed by
Training Topic	What did I learn that was new that I didn't know before? How will I make use of this information? What didn't I understand about this lesson?	Date Reviewed by



	<h1 style="margin: 0;">Teach-Back Log</h1>
c/o U. Suttisan, 84 Moo 2 Ban Na Fa, Jompra, Thawangpha City, Nan Province, Thailand 55410 www.neighborhoodlink.com/org/rtcth E-mail: rtc2k5@gmail.com	
Community-based Environmental Education for the Self-Sufficiency and Sustainability of Small Rural Family Farms	
<p>Instructions: As a participant in an THE RTC-TH trip / activity, you are expected to “teach back” an outdoor lesson you learned to at least two other students who don’t know the lesson. Your Teach-Back session should be witnessed and verified by your parents, teacher, or other THE RTC-TH Program staff member. During the Teach-Back, you will introduce THE RTC-TH to your students and invite them to attend a future THE RTC-TH activity. Complete this form and attach a photo of you and the people involved in your Teach-Back session. If you like, you may teach back to more than four other students. Attach a separate sheet of paper if necessary.</p>	
Your Name: _____	
Name of Lesson Taught: _____	Date: _____
Teach-back Location: _____	Date: _____
Verified by (Name): _____ <input type="checkbox"/> Parent <input type="checkbox"/> Teacher <input type="checkbox"/> Program Staff	
<p>Attach photo of teach-back participants here.</p>	

The RTC-TH: The Rural Training Center-Thailand is educational organization using interactive, outdoor lessons involving families and community service to provide environmental education to families for sustainable communities. .

FFI: Visit the [RTC-TH](http://www.rtc-th.org) website; or by E-mail <mailto:rtc2k5@gmail.com>



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Person(s) Taught			
Name:			
Street Address:			
City	State:	Zip:	
Phone:	E-mail:		
School:			Grade:
Did you ever attend an RTC-TH trip/activity? <input type="checkbox"/> Yes <input type="checkbox"/> No			
If yes, trip/activity name & date:			
<input type="checkbox"/> I learned about the RTC-TH		<input type="checkbox"/> Tell me about the next RTC-TH activity	
Signature:			
Name:			
Street Address:			
City	State:	Zip:	
Phone:	E-mail:		
School:			Grade:
Did you ever attend an RTC-TH trip/activity? <input type="checkbox"/> Yes <input type="checkbox"/> No			
If yes, trip/activity name & date:			
<input type="checkbox"/> I learned about the RTC-TH		<input type="checkbox"/> Tell me about the next RTC-TH activity	
Signature:			
Name:			
Street Address:			
City	State:	Zip:	
Phone:	E-mail:		
School:			Grade:
Did you ever attend an RTC-TH trip/activity? <input type="checkbox"/> Yes <input type="checkbox"/> No			
If yes, trip/activity name & date:			
<input type="checkbox"/> I learned about the RTC-TH		<input type="checkbox"/> Tell me about the next RTC-TH activity	
Signature:			
Name:			
Street Address:			
City	State:	Zip:	
Phone:	E-mail:		
School:			Grade:
Did you ever attend an RTC-TH trip/activity? <input type="checkbox"/> Yes <input type="checkbox"/> No			
If yes, trip/activity name & date:			
<input type="checkbox"/> I learned about the RTC-TH		<input type="checkbox"/> Tell me about the next RTC-TH activity	
Signature:			

Copy this side of the form if teaching back to more than four people.

