

Heart Disease and Stroke. You're the Cure.

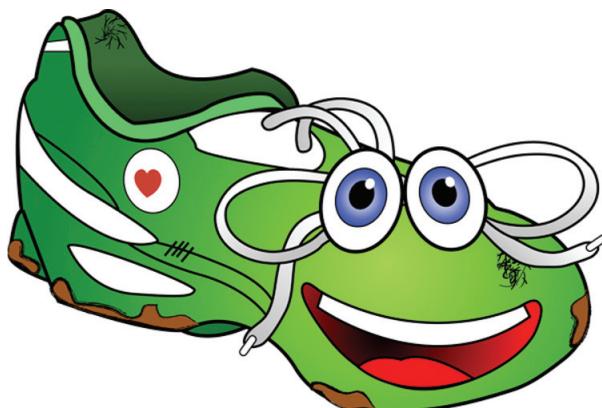


American Heart Association | American Stroke Association

*Learn and Live®*

# ENDANGERED: STINKY SNEAKERS

Scientific Name: **Activus Sneakerus**



**Physical Description:** The size and color of stinky sneakers can be varied.

**Behavior:** Walking, running, jumping, dancing, and playing.

**Threats:** Decreasing physical activity levels of today's youth and rising childhood obesity rates.

**Natural Habitat:** On healthy, active kids' feet in regular, quality physical education classes across the country.

**Now Found:** In only 3.8% of elementary schools, 7.9% of middle schools, and 2.1% of high schools which provide daily physical education.

## What can be done to save Stinky Sneakers?

We need to exercise our voices for a healthier generation and urge our nation's decision makers to make the health of our kids a priority! Right now, Congress is considering the Fitness Integrated with Teaching Kids (FIT) Act, which would address youth inactivity and childhood obesity by prioritizing quality physical education in our nation's schools.

Find out more about how you can do your part to save Stinky Sneakers, help fight childhood obesity, and give children a healthy start in life at [www.FITKidsAct.org](http://www.FITKidsAct.org).